

How can I get set up with someone?



For patients:

Ask your nurse or doctor for a referral to our program. A Peer Recovery Partner will contact you using the phone number we have in your medical record. You can also request support directly by emailing: MBH_Peer@mmc.org

For hospital staff:

If you would like to refer a patient to this service, submit an EPIC Referral Order (AMB Referral to Peer Services - REF15401) or email MBH_Peer@mmc.org after the patient has given permission.

Substance Use Support is Available from a Peer Recovery Partner

Peer Recovery Partners are here to support anyone who is using substances, no matter what other supports you are currently getting.

As Peer Recovery Partners, we are in long-term recovery from substance use. We can support any adult entering our emergency department who is struggling with substance use.

All of our services are voluntary and confidential.

How can a Peer Recovery Partner help me?

We know that it can be hard to make choices about recovery. We believe that you are the expert of your recovery and we are here to support your choices. We will talk with you about different options, listen without judgment and share our experiences so you don't feel alone in your journey.

What kind of support can I get?

You can meet with a Peer Recovery Partner while you are here in the hospital or after discharge. Meetings can take place in person, by video, a phone call or even text messaging. It's up to you how often you want to meet with us and you can end this support at any time. We can share our personal experiences with recovery and can help you figure out your next steps. We do not share what we talk about with your doctor.

What is the cost?

There is no fee for a Peer Recovery Partner and you do not need insurance.

What if I'm not sure if I want to stop using?

That's okay. You do not need to stop using to meet with a Peer Recovery Partner. A Peer Recovery Partner can still help you by exploring options and sharing information about resources, such as:

- Recovery and support groups in your community.
- Community resources for food, shelter, etc.
- Services that make using substances safer (such as by providing sterile syringes, Naloxone training, and Fentanyl testing supplies, etc.). These are sometimes called "harm reduction" services.
- Medication Assisted Treatment.
- Inpatient detoxification and rehabilitation.
- Intensive outpatient programs (IOPs) or individual therapy/counseling.

If you are not interested in these options we can just talk and check-in weekly.